



Aldergrove Public School
150 Aldergrove Dr.
Markham, ON.
L3R 6Z8

905.470.2227

aldergrove.ps@yrdsb.ca

Twitter: @aldergroveps

This year guiding question:
How do I become
anti-racist?



Mission

To advance student achievement and well-being through public education, which motivates learners, fosters inclusion, inspires innovation and builds community.

Vision

To be a leader in public education by empowering all students to become engaged and caring citizens of the world.

APS - Seven Values

Citizenship
Empathy
Inclusivity
Innovation
Relationships
Self-Awareness
Optimism

Aldergrove Public School Community Newsletter

01. 21. 2022

Message from the Office

Dear Families,

What a pleasure it was to see the scholars return to the classrooms this week. Again, we are learning to "pivot" in order to stay together, learn and be safe. We continue to engage scholars in meaningful opportunities to learn about each other and themselves. During our virtual first week back we were fortunate to have authors Majura Thayalan and Neera Thubeeshan join scholars for a read-aloud of their book, "Thai Pongal: A Tamil Harvest Festival". The word 'Pongal' in Tamil literally means 'to overflow'. As scholars learned, Thai Pongal is a harvest festival. It is celebrated by farmers and others to pay homage to the Sun and all the other elements of nature that helped in a bountiful harvest. This week, Primary scholars virtually met for student and now author, Nisha Metha who shared her book about wellness through breathing techniques. Both these experiences provided interactive opportunities for learners to build a shared understanding about each other through literacy. To our families who celebrated Thai Pongal, January 14-17th, we hope you had a meaningful celebration. As well, belated wishes of joy to our families who observed Orthodox Christmas on Friday, January 7th.

A reminder of our School Council meeting on January 25th from 6:30- 8:00 pm. We look forward to seeing many familiar and new faces as we begin a new year together. **Join us virtually at <https://yrdsb-ca.zoom.us/j/aps123>.**

Thank you for your partnership in supporting our scholars' transitions during this time. Please reach out if you have any questions or concerns. You have been a vital link in helping to keep our school safe as we return face to face.

F. Jessa

H. Ou-Hingwan

Principal

Vice Principal



Calling all Tamil families to help us plan our celebration of Tamil Heritage! This year's theme is: "Tamil Women of Excellence". You, your family, and/or community can help in one of a few ways:

- Create a virtual workshop for students showcasing an element of your culture
- Create a short video for students that highlights a Tamil woman of excellence

If you are interested in helping to celebrate Tamil Heritage and share your Tamil culture with Aldergrove scholars and staff, please let us know in the office. Thank you!

School Schedule

8:15 am - staff on duty outside
8:25 am - entry bell
8:30 am - announcements & morning learning block
10:10 - 10:40 am recess (30 minutes)
10:40-12:20 - middle learning block
12:20 - 1:20 pm lunch (1 hour)
1:20 - 3:00 pm afternoon learning block
3:00 pm - end of day bell rings

Late Arrivals: Families may not enter the building. Please ring the buzzer and scholars will enter and follow protocols.

FAQs Reminders

What time should my child(ren) arrive at school?

Students should arrive at the school by 8:15 a.m. in the morning. Teachers will be present OUTSIDE, in the school yard.

• Where do I pick my child up at the end of the day?

Please meet your child where you dropped them off in the morning.

Please visit the website



<http://net.schoolbuscity.com/> to check if your scholar's bus is on time.



Black History Month - February

Today, January 21st, Canada's theme for Black History Month was announced: **February forever: Celebrating Black History today and every day.** January 21 is also the Honourable Lincoln M Alexander's birthday, a day designated in Canada as Lincoln Alexander Day, to commemorate his leadership in the fight for racial equity and as Canada's first Black Member of Parliament, Cabinet minister, and Lieutenant Governor of Ontario. As a community, in what ways can we embrace this year's theme? We invite your voice and participation in

recognizing the many contributions of Black Canadians and opportunities to celebrate "Black Excellence" right here in our school. All suggestions are welcome.



Lunar New Year - Tuesday, February 1, 2022

Help create a meaningful celebration for our community and scholars for this important celebration. We welcome community support in planning this day. Please connect with the office to help us with this. Thank you.

International Holocaust Remembrance Day - January 27

This date was designated by resolution of the United Nations General Assembly in November 2005. The day reaffirms "that the Holocaust, which resulted in the murder of one third of the Jewish people along with countless members of other minorities, will forever be a warning to all people of the dangers of hatred, bigotry, racism and prejudice" (UN General Assembly A/60/L.12). This day serves as an international memorial day for the victims of the Nazi Holocaust, which saw the murder of 6 million Jews, 250,000 to 500,000 Roma people, 200,000 to 250,000 persons with disabilities, and 15,000 people who were LGBTQ+. January 27 marks the date when the Nazi concentration and extermination camp of Auschwitz-Birkenau was liberated by Soviet troops in 1945.

Learning Model Switch Request Update for Long Term Model Changes -

if you are requesting a long term model change, please let the office know and changes will take place beginning **February 7, 2022.**

Switch Face to Face:

- contact the office and make the request.
- If no transportation is required, the switch can take place within 1-2 days.
- **Requests can be made at any time**

Switch to Remote:

- Learning model changes for students affected by COVID-19 or extenuating circumstances are supported through conversations with administrators.
- Please contact the office for further details.

Vacation or Other Excused Absences (Non-COVID related)

- Learning model changes are not intended for the purpose of vacation or any other reason where the family has control of the schedule.
- Information is available to parents on our [Board's FAQ site](#).

Potential class and school closures

As staff members and students are [required to self-isolate](#) with increased cases of COVID-19, schools may encounter operational challenges. Please be aware that there may be occasions when classrooms or schools are required to close to in-person learning and move to virtual learning for a period of time. Schools will notify families as soon as possible when this is the case. Families are asked to develop a routine of checking email regularly at the start and end of every day for important communication from the school and Board given our circumstances.

Student Information Updates

If you change your address, home number, or cell phone numbers that are different from the school record, please email the school (Aldergrove.ps@yrdsb.ca) about the updates. For address change, we will need proof of ownership or lease agreement to update it. Thank you very much for your attention.

Weather ALERT!

As winter weather approaches bringing colder temperatures, please be sure to send scholars to school **dressed to go outside** during morning recess (10:25 - 10:40 am) and lunch recess (12:40 - 1:20 pm). A "fresh air" break as part of their daily routine is a healthy practice for our scholars that contributes to overall health and well-being. [Extreme Hot and Cold Weather Guidelines](#)



INCLEMENT WEATHER DAYS Decisions about school transportation and school closures will be made as early as possible and no later than 6:00 a.m. We will do our best to notify families in advance. Our priority continues to be the safety of our students, staff members and families. If you have any questions, please speak with your school principal.

**INCLEMENT
WEATHER
INFORMATION**



Transportation cancellations or school closures will also continue to be communicated through

- Student Transportation Services website: www.schoolbuscity.com
- Student Transportation Hotline: 1-877-330-3001
- Board website and school websites
- @YRDSB Twitter account
- Radio and TV media outlets

Families who have provided the school with their cell phone will also receive a text message, unless you have opted out of this service. Please contact your school if you have any questions.

For more information on inclement weather days, please visit our website www.yrdsb.ca.

The Wellness Challenge

Happy New Year Aldergrove Families!

For the month of January and into early February, Aldergrove staff and scholars are engaged in a school-wide wellness challenge! Activities include things like breathing exercises, physical movement, quiet time, and personal connection opportunities. The Scholar Challenge will be posted in their Google Classroom if you would like to see the activities we are engaging in. You may also choose to use these activities to support wellness at home. Wellness is of the utmost importance to your physical, mental and spiritual health especially in these trying times. I would encourage you to try a few of the activities if you are able, because you are important and taking the time for you is valuable.



Be well!

Ms Szonda

Community Safety - SLOW DOWN

We have received notification that cars are driving through the intersection at Aldergrove and Chichester and not obeying the crossing guard and speeding near the school zone. There have also been incidents of cars driving very quickly while entering and exiting the Bus Loop with complete disregard of the staff and scholars' safety in the loop. **Our staff and scholars' safety is of our utmost concern.** Please slow down near the school zone, and follow the directions of the crossing guard during drop off and pick up. We need your help in ensuring everyone stays safe at school.

"Plugged In" will be offered again on March 31st. Anyone can register for it at www.yorkhillscentre.eventbrite.ca. As well. Please see below for additional workshops available.



Triple P Seminar #2 - Raising Confident Competent Children

Mon, Jan 24, 2022 6:30 PM EST

Free



Bringing Your Family Into Focus

Wed, Jan 26, 2022 6:30 PM EST

Free



Exploring the Connection Between Youth Mental Health and Substance Use

Wed, Feb 2, 2022 6:30 PM EST

Free



焦慮面面觀 Many Faces of Anxiety - Cantonese

Tue, Feb 8, 2022 6:30 PM EST

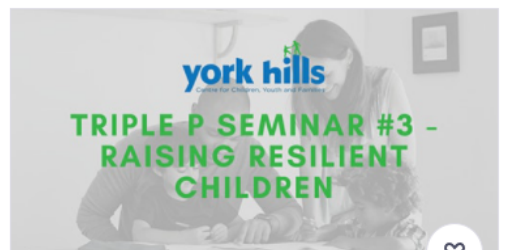
Free



Parenting Traps and Strategies

Thu, Jan 27, 2022 10:00 AM EST

Free



Triple P Seminar #3 - Raising Resilient Children

Mon, Jan 31, 2022 6:30 PM EST

Free



Many Faces of Anxiety

Wed, Feb 9, 2022 6:30 PM EST

Free



Teen Triple P Seminar #1 - Raising Responsible Teenagers

Mon, Mar 7, 2022 6:30 PM EST

Free

To register, please go to:

<https://www.eventbrite.ca/o/york-hills-centre-for-children-youth-and-families-10725006171>

WE BUILD A DREAM
**CAREER
DISCOVERY
EXP**

February 3 · 6PM EST

2022

ATTEND
VIRTUALLY
FROM HOME

**UNSURE ABOUT THE
FUTURE? WE'RE HERE
TO HELP!**

- **Pathways:** Discover opportunities you can access in high school
- **Dream Makers:** Hear inspirational women share their career journeys
- **Industry Secrets:** Learn what companies look for & how to get an edge

REGISTER TODAY: [WEBUILDADREAM.COM/EVENT/YORK22/](https://webuildadream.com/event/york22/)



Tips for Families to Support Online Learning

Kindergarten Registration

Kindergarten registration for September 2022 begins January 14 for the 2022-23 school year. Children who were born in 2018, live within the school boundary and whose parents/guardians are public school tax supporters will be eligible to register for Kindergarten.

There are several ways you can register for Kindergarten:

- **Online** - Families can access online Edsby by following Kindergarten registration information at www.yrdsb.ca/kindergarten. It is recommended that families use a laptop or a desktop, rather than a mobile device to complete this registration.
- **By email** - Families can download the [Elementary School Registration Form](#) at www.yrdsb.ca/Kindergarten and email the completed form to their school email address Aldergrove.ps@yrdsb.ca.
- **By phone** - Families can request support from the school office to complete the registration form on their behalf by collecting the required information by phone. School contact number (905) 470-2227
- **By mail or appointment.** You can mail completed applications to the school, or request an appointment to drop-off your completed paper application form. Families are asked to follow all school COVID-19 protocols while on site. All permitted visitors must wear a mask.

Please note, at this time, under our [health and safety protocols](#), we cannot accept walk-in registrations. Once you have completed your application, the school will contact you to make an appointment to review and verify the [required documents](#).

Our Kindergarten programs are caring and welcoming where children learn through exploration, play and inquiry. You can learn more at www.yrdsb.ca/Kindergarten. We look forward to welcoming our new students and families to the school.

Screening Tool Update: January 2022

The Ministry has recently directed school boards to implement the daily on-site confirmation of self-screening for all elementary students commencing in January 2022.

Information from York Region Public Health

Please read this [update from York Region Public Health](#) that includes important information about:

- COVID-19 screening
- what to do if your child develops symptoms and/or tests positive for COVID-19
- vaccines
- public health measures

Daily Screening

As York Region Public Health is no longer actively managing cases and dismissing cohorts, [daily screening for students and staff](#) is more important than ever. Similar to the start of the year, students and families will be required to **complete the confirmation of screening before coming to school each morning**.

- [Elementary School Confirmation Form](#)
- [Secondary School Confirmation Form](#)

Masks

As a reminder from our previous message, York Region Public Health has mandated that all students in JK-Grade 12 wear masks throughout the day.

Please help us keep our scholars safe upon return to school.

Community News

Canada Recovery Caregiving Benefit

The CRCB is extended until May 7, 2022. The maximum number of weeks you can apply for also increases to 44 weeks. You can apply retroactively until February 16, 2022, if you are eligible.

The Canada Recovery Caregiving Benefit (CRCB) gives income support to employed and self-employed individuals who are unable to work because they must care for their child under 12 years old or a family member who needs supervised care. This applies if their school, regular program or facility is closed or unavailable to them due to COVID-19, or because they are sick, self-isolating, or at risk of serious health complications due to COVID-19. The CRCB is administered by the Canada Revenue Agency (CRA).

If you have any questions please contact:

Yvonne Kelly, Community and Partnership Developer with Regional Portfolio on Poverty and Intersections of Poverty Inclusive School and Community Services
Yvonne.kelly@yrdsb.ca 416-697-4208

CRCB Information: [Information for Families and Caregivers with School Age Children](#)

Mental Health Awareness and Support



Covid 19 has had a major impact on our health and well-being. We are aware of the increasing need for support in the area of mental health for our students. In an effort to support this need, our Board has put together the ABC's of mental health which focus on three key aspects: Acknowledge, Bridge, Connect.

Please click on the link below for more information about the ABC's of mental health.

<https://adobe.ly/3DAWjs7>



THE SANKOFA MENTORING PROGRAM

"BRIDGING THE PAST WITH THE PRESENT...
NAVIGATING THE PRESENT INTO THE FUTURE"

- Cultural Food
- Community hours
- Life skills
- Retreats
- Field Trips
- Career Exploitation
- Academic Support (When needed)
- Mentorship
- Leadership
- Cultural Experience

**ACCEPTING REGISTRATIONS
FOR NEW STUDENT COHORTS
FOR BLACK YOUTH BETWEEN
THE AGES OF 12-18**

The Sankofa Mentoring Program is rooted in an African Rites of Passage framework that highlights the principles of Unity, Self-Determination, Collective Work and Responsibility, Cooperative Economics, Purpose, Creativity, Faith and Self-Respect.

Pre-Register at:
<https://yorkregionaacc.ca/sankofa-mentoring-program>
or
gmgr@yorkregionaacc.ca



YORK REGION ALLIANCE OF AFRICAN CANADIAN COMMUNITIES
PRESENTS



5th Annual

Black History Month Event

Date: February 19, 2022

Time: 11am - 2pm

**Black Health, Well-Being, and Resilience
through Ubuntu – I am because we are!**

Keynote Speaker:

Ms. Ginelle Skerritt



First Black CEO of YRCAS, public speaker, published author, dedicated to principles of diversity, inclusion, positive identity and social justice.

Breakout Sessions / Entertainment


Mental and Physical Health Resilience


Resilience through Community

Financial Resilience

Online Bullying - Social Media Resilience

Drumming, Poetry, and More

 **Venue:** Virtual Event

 **Registration at:**

[YRAACCBHM2022.eventbrite.ca](https://yraaccbhm2022.eventbrite.ca)

 **For more information:**

(647) 280 - 9879

Info@yorkregionaacc.ca



 **Visit**

www.yorkregionaacc.ca/events
for more details.

Settlement and Education Partnership in York Region Educators for Tamil Student Success



Presents

**Tamil Heritage Month
Student Workshops
Grades 5 to 8**



Goals: Identity, Initiative, Inclusion

- Support a dialogue on social identities of Tamil heritage students
- Promote student voice and leadership
- Work towards an inclusive and equitable school community

Workshops:

- 1) Develop a deeper understanding of Tamil Practices and Heritage - January 24, 2022
- 2) Understanding our Identity through spoken word - January 26, 2022

Time: 5:00 pm to 6:00 PM

Grades: 5 to 8

[Registration](#)

For additional information contact:

Abi Brodi, YRDSB abi.brodi@yrdsb.ca

Nive Vincent, YRDSB Nive.vincent@yrdsb.ca

Logini Vinayagamoorthy, SEPYR 416-312-5240 or vinay@ccsyr.org



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今年思考问题：
 我如何能成为反种族歧视的人？



宗旨

通过公共教育，鼓励学生，推动包容，启发创新和建设社区，以学生成就和身心健康发展

理念

增强所有学生参与以成为关心社会的世界公民，并成为在公共教育的一位领袖

APS 学校七个价值

公民责任
 同理心
 包容
 创新
 关系
 自觉
 乐观

每天自我筛检：

[School and Child Care Screening Tool](#)

Translation begins here -翻译从这里开始

来自办公室的消息

亲爱的家长，

很高兴看到学生们这周回到教室。同样，我们正在学习“变化”以保持团结、学习和安全。我们继续让学生参与有意义的机会来了解彼此和自己。在我们虚拟的第一周，我们很幸运地邀请了作者 Majura Thayalan 和 Neera Thubeeshan 与学生一起朗读他们的书“Thai Pongal: A Tamil Harvest Festival”。泰米尔语中的“Pongal”一词的字面意思是“溢出”。学生们了解到，Thai Pongal 是一个丰收节。农民和其他人庆祝这一节日是为了向太阳和所有其他有助于丰收的自然元素致敬。本周，初年级学生实际上会见了学生和现在的作者 Nisha Metha，她分享了她关于通过呼吸技术健康的书。这两种体验都为学生提供了互动机会，让他们通过识字建立对彼此的理解。对于我们在 1 月 14 日至 17 日庆祝 Thai Pongal 的家庭，我们希望您们有一个有意义的庆祝活动。同时，也向 1 月 7 日星期五庆祝东正教圣诞节的家人致以迟来的祝福。

提醒您，学校在 1 月 25 日下午 6:30- 8:00 召开的学校家长会。我们期待着在新的一年里开始时看到更多熟悉的和新的面孔。通过

<https://yrdsb-ca.zoom.us/my/aps123> 虚拟加入我们家长会。

感谢您与学校成为合作伙伴关系，帮助我们的学生渡过此期间过渡期。如果您有任何问题或疑虑，请与我们联系。当我们返回学校面对面上课时，您一直是帮助确保我们学校安全的重要枢纽。

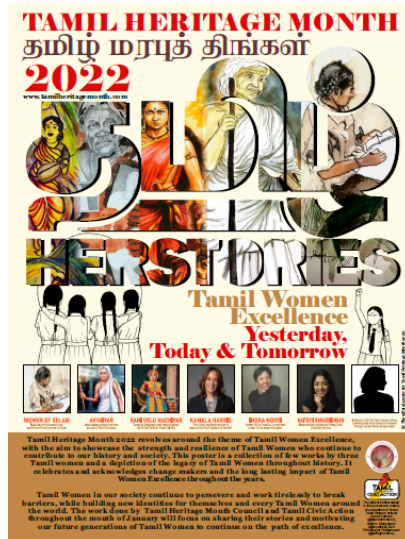
您的教育合作伙伴，

F. Jessa

校长

H.Ou-Hingwan

副校长



泰米尔遗产月即将到来！

呼吁所有泰米尔家庭，帮助我们计划泰米尔遗产的庆祝活动！今年的主题是：“泰米尔杰出女性”。您、您的家人和/或社区可以通过以下几种方式之一提供帮助：

为学生创建一个虚拟研讨会，展示您的文化元素
 为学生制作一个简短的视频，突出泰米尔女性的卓越表现

如果您有兴趣帮助庆祝泰米尔遗产并与 Aldergrove 学生和工作人员分享您的泰米尔文化，请在办公室告诉我们。谢谢！

学校上课时间表

早上8:15 - 教职员在校外当值

8:25- 打钟学生可进校

8:30- 广播和早课开始

10:10-10:40- 休息(三十分鐘)

10:40-12:20-早上中段课

下午12:20-1:20-午飯(一个小时)

1:20-3:00- 下午课程

3:00- 放学打钟

迟到：家长不可进入学校。
请按门铃和学生可按规定进入学校。

重要问题和提示

-我的孩子应该什么时候到校？

学生应在早上八时十五分到达学校。老师会在后操场等候学生。

- 我应该在下课时在那里接走我孩子？

请在您早上把他们放下的地方接走孩子。



黑人历史月 - 二月

今天，1月21日，加拿大宣布了黑人历史月的主题：**永远的二月**：今天和每一天都庆祝黑人历史。1月21日也是尊敬的林肯 M 亚历山大 (Lincoln M Alexander) 的生日，这一天在加拿大被指定为林肯亚历山大日，以纪念他在争取种族平等方面的领导地位，以及作为加拿大第一位黑人议员、内阁部长和安大略省副州长。作为一个社区，我们可以通过哪些方式拥抱今年的主题？我们邀请您的声音和参与，以表彰加拿大黑人的许多贡献以及在我们学校庆祝“黑人卓越”的机会。欢迎所有建议。



农历新年 - 2022 年 2 月 1 日，星期二

帮助我们的社区和学生为这个重要的庆祝活动创建一个有意义的庆祝活动。我们欢迎社区帮助计划这一天。请与办公室联系以帮助我们解决此事。谢谢您。

国际大屠杀纪念日 - 1 月 27 日

这个日期是由联合国大会 2005 年 11 月的决议指定的。这一天重申“导致三分之一的犹太人和无数其他少数族裔成员被谋杀的大屠杀，将永远是对仇恨、偏执、种族主义和偏见的警惕”（联合国大会 A/60/L.12）。这一天是纳粹大屠杀受害者的国际纪念日，600 万犹太人、250,000 至 500,000 名罗马人、200,000 至 250,000 名残疾人以及 15,000 名同性恋、双性恋人被谋杀。1月27日是1945年苏联军队解放 Auschwitz-Birkenau 纳粹集中营和灭绝营的日子。

学习模式切换，请求更改新长期学习模式 - 如果您请求长期模式更改，请告知办公室，更改将于 2022 年 2 月 7 日开始。

更改到面对面学习模式：

- 联系办公室并提出请求。
- 如果不需要校车，1-2天内即可完成转换。
- 可以随时提出要求

更改到远程学习模式：

- 联系校长并提出请求，受 COVID-19 影响或情有可原的情况可得到允许。
- 请联系办公室了解更多详情。

假期或其它无故缺席（非 COVID 相关）

- 学习模式不能为了休假或家庭可以控制日程安排的任何其它原因而改变。
- 家长可以在我们[教育局的常见问题网站上获得信息](#)。

潜在的班级和学校关闭

随着 COVID-19 病例的增加，工作人员和学生需要自我隔离，学校可能会遇到运行挑战。请注意，有时教室或学校可能需要关闭面对面学习并转为虚拟学习一段时间。出现这种情况时，学校会尽快通知家庭。鉴于我们的情况，我们要求家庭制定例行程序，在每天开始和结束时定期检查电子邮件，以便学校和教育局与家庭进行重要沟通。

学生更新资料

如果您改地址，电话号码，手机号码，请通知学校，电邮 aldergrove.ps@yrdsb.ca
如果改地址，请附上业主证明或租单。谢谢。



恶劣天气日 关于学校交通和学校停课的决定将尽早做出，最迟不晚于早上 6:00。我们将尽最大努力提前通知家庭。我们的首要任务仍然是我们学生、教职员和家庭的安全。如果您有任何问题，请与您的学校校长联系。

交通取消或学校关闭也将继续通过以下方式传达：

- 学生交通服务网站： www.schoolbuscity.com
- 学生交通热线： 1-877-330-3001
- 教育局网站和学校网站
- @YRDSB 推特账号
- 广播电视媒体

向学校提供手机的家庭也会收到一条短信，除非您选择退出此服务。如果您有任何问题，请联系您的学校。

有关恶劣天气日的更多信息，请访问我们的网站 www.yrdsb.ca

天气预警

冬季天气来临带来寒冷的气温，请确定学生们能穿**适合衣物**在外面活动，早上小休（十时二十五分至四十分）和午饭小休（十二时四十分至一时二十分）离开出外吸“新鲜空气”是我们学校日程的一个健康活动的部分。对锻炼我们学生整体身心健康是重要的。 [极端冷热天气指南](#)



新年快乐！Aldergrove家庭！

1 月份和 2 月初，Aldergrove 的工作人员和学生者都参与了全校的健康挑战！活动包括呼吸练习、身体运动、安静时间和个人联系机会。如果您想查看我们正在进行的活动，学生挑战赛将发布在他们的 Google 课堂中。您也可以选择使用这些活动来帮助家人健康。健康对您的身体、心理和精神健康至关重要，尤其是在这些艰难时期。如果可以的话，我会鼓励您尝试一些活动，因为您很重要，花时间照顾自己是无价的。

祝好！

Szonda老师



社区安全 - 慢下来

我们收到通知称，汽车驶过 Aldergrove 和 Chichester 的十字路口，不遵守十字路口的守卫，并在学区附近超速行驶。也发生过汽车在进出巴士环路时开得太快，完全无视环路中工作人员和学生的安全的事件。我们的工作人员和学生的安全是我们最关心的。请在学区附近减速，并在上下车时听从过路警卫的指示。我们需要您的帮助以确保每个人在学校都安全。

“Plugged In” 将于 3 月 31 日再次提供。任何人都可以在 www.yorkhillscentre.eventbrite.ca 上注册。同样。有关可用的其他研讨会，请参见下文。



Triple P Seminar #2 - Raising Confident Competent Children

Mon, Jan 24, 2022 6:30 PM EST

Free



Bringing Your Family Into Focus

Wed, Jan 26, 2022 6:30 PM EST

Free



Exploring the Connection Between Youth Mental Health and Substance Use

Wed, Feb 2, 2022 6:30 PM EST



焦慮面面觀 Many Faces of Anxiety - Cantonese

Tue, Feb 8, 2022 6:30 PM EST



Parenting Traps and Strategies

Thu, Jan 27, 2022 10:00 AM EST

Free



Triple P Seminar #3 - Raising Resilient Children

Mon, Jan 31, 2022 6:30 PM EST

Free



Many Faces of Anxiety

Wed, Feb 9, 2022 6:30 PM EST

Free



Teen Triple P Seminar #1 - Raising Responsible Teenagers

Mon, Mar 7, 2022 6:30 PM EST

Free

报名:

<https://www.eventbrite.ca/o/york-hills-centre-for-children-youth-and-families-10725006171>

WE BUILD A DREAM
**CAREER
DISCOVERY
EXP**

February 3 · 6PM EST

2022

ATTEND
VIRTUALLY
FROM HOME

**UNSURE ABOUT THE
FUTURE? WE'RE HERE
TO HELP!**

- **Pathways:** Discover opportunities you can access in high school
- **Dream Makers:** Hear inspirational women share their career journeys
- **Industry Secrets:** Learn what companies look for & how to get an edge

REGISTER TODAY: [WEBUILDADREAM.COM/EVENT/YORK22/](https://webuildadream.com/event/york22/)



家庭支持在线学习的提示

幼儿园报名

2022-23 学年幼儿园注册于2022 年1 月 14 日开始。2018 年出生、居住在学校范围内且父母/监护人是公立学校税收支持者的儿童将有资格注册幼儿园。

您可以通过以下几种方式注册幼儿园：

- **在线 Edsby** - 家庭可以访问 www.yrdsb.ca/kindergarten 的在线幼儿园注册信息。建议家庭使用笔记本电脑或电脑而不是手机来完成此注册。
- **通过电子邮件** - 家庭可以在 www.yrdsb.ca/kindergarten 下载 [小学注册表格](#)，并将填写好的表格通过电子邮件发送到他们学校的电子邮件地址 Aldergrove.ps@yrdsb.ca。
- **通过电话**——家庭可以通过电话收集所需的信息，请求学校办公室的支持，以代表他们填写注册表。学校联系电话 (905) 470-2227
- **通过邮件或预约**。您可以将填好的申请邮寄给学校，或要求预约寄出您填妥的纸质申请表。要求家庭在现场时遵守所有学校 COVID-19 协议。所有允许的访客必须戴口罩。

请注意，目前，根据我们的[健康和安全协议](#)，我们不接受无预约登记。完成申请后，学校将与您联系以预约审查和验证[所需文件](#)。

我们的幼儿园课程充满爱心和热情，让孩子们通过探索、游戏和探究来学习。您可以在 www.yrdsb.ca/Kindergarten 了解更多信息。我们期待着欢迎我们的新学生和家庭来到学校。

自我筛检工具更新：2022 年 1 月

卫生部最近指示学校教育局从 2022 年 1 月开始对所有小学生实施每日自我筛检确认。

来自约克地区公共卫生的信息

请阅读约克地区公共卫生部门的此更新，其中包括有关以下方面的重要信息：

- COVID-19 筛查
- 如果您的孩子出现症状和/或 COVID-19 检测呈阳性该怎么办
- 疫苗
- 公共卫生措施

每日筛检：

由于约克地区公共卫生不再积极管理病例和接触者，因此对学生和教职员工的日常筛查比以往任何时候都更加重要。与年初类似，学生和家庭将被要求在每天早上来学校之前完成筛查确认。

o [小学确认表](#)

o [中学确认表](#)

口罩

我们之前提醒，约克地区公共卫生部门已要求 JK-12 年级的所有学生全天佩戴口罩。

请帮助我们确保我们的学生返回学校后的安全。

社区消息

加拿大康复护理福利

CRCB 延长至 2022 年 5 月 7 日。您可以申请的最长周数也增加到 44 周。如果您符合条件，您可以追溯申请直到 2022 年 2 月 16 日。

加拿大康复护理福利 (CRCB) 为因必须照顾 12 岁以下的孩子或需要有人监督的家庭成员而无法工作的受雇和自雇人士提供收入支持。这适用于他们的学校、常规项目或设施因 COVID-19 而关闭或无法使用，或者因为他们生病、自我隔离或因 COVID-19 而面临严重健康并发症的风险。CRCB 由加拿大税务局 (CRA) 管理。

如果您有任何问题，请联系：

Yvonne Kelly, 社区和伙伴关系开发人员，负责贫困和包容性学校和社区服务
Yvonne.kelly@yrdsb.ca 416-697-4208

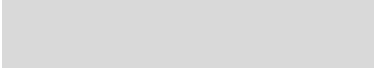
CRCB 信息：[为有学龄儿童的家庭和看护人提供的信息](#)

心理健康意识和支持



Covid 19 对我们的健康和福祉产生了重大影响。我们意识到学生在心理健康领域越来越需要支持。为了支持这一需求，我们的教育局将心理健康 ABC 集中在三个关键方面：承认、桥梁、联系。

请单击下面的链接以获取有关 ABC 心理健康的更多信息。<https://adobe.ly/3DAWjs7>



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